



## WHAT TO WEAR / PACK FOR ...

### FAT BIKING

- Warm comfortable clothes to bike in (preferably not cotton), dress in layers; long underwear, winter jacket try to avoid heavy ski jackets unless it is very cold. Pick a jacket that is appropriate for temperature and snug-fitting pants.
- Thin hat (to fit under your helmet).
- Gloves or mitts.
- Small backpack, with a bottle of water and a snack.
- Thermal winter boots or hiking boots. Nothing too heavy.
- Ski helmet, if you have. Otherwise, a fat bike helmet will be provided.
- Sunglasses or ski goggles.
- When dressing for fat biking wear warmer gloves than you might think you will need, and a cooler jacket than you might think you will need. We always recommend bringing a small day pack to carry all those extra layers, water, and to put an extra layer back into if you are too hot.

### STARGAZING & DAY TIME SNOWSHOEING

- Thermal winter boots, Sorels, or similar. UGG style boots will NOT work. We do have a limited number of winter boots for rent if you do not own this kind of footwear.
- A warm hat, sunglasses, warm gloves, or mitts.
- Warm comfortable clothes to snowshoe in think wool or fleece (preferably not cotton) or, dress in layers; long underwear, a mid-layer (ex: fleece or softshell), and a jacket are perfect.
- Winter jacket - try to avoid heavy ski jackets unless it is very cold. A warm, breathable jacket is ideal.
- Lightly insulated pants or winter hiking pants.
- Small backpack, with a snack and bottle of water.

### NORDIC SKIING

- A warm hat, neckwarmer, sunglasses, gloves, or mitts that are warm but not too bulky.
- Warm comfortable clothes to xc ski in (preferably not cotton). Dress in layers: long underwear, a mid-layer (ex: fleece), and a jacket are perfect.
- Winter jacket - try to avoid heavy ski jackets unless it is very cold. A warm, breathable jacket is ideal.
- Lightly insulated pants or xc ski pants or long johns and thick hiking pants.
- Warm socks (wool or synthetic, no cotton please). If you don't have thick socks layer 2 thinner pairs.
- Small backpack, snack, and bottle of water.